



# Vegetarian Lunch Time Menu

## MONDAY

Potato and spinach curry and cous cous  
Chocolate pudding and chocolate sauce

## TUESDAY

Spaghetti primavera and garlic bread  
Vanilla ice-cream and summer berry coulis

## WEDNESDAY

Caribbean quorn pieces with rice  
Carrot cake

## THURSDAY

Veggie mince cobbler, herded potatoes and country vegetables  
Bananas

## FRIDAY

Cheese and onion pie with peas and carrots  
Fruit salad

This menu can be adapted to your child's personal requirements.  
Meat Substitute is Vegetarian Mince Soya  
Jelly is Vegetarian Jelly

**Allergen information available on request**

# Vegetarian Tea Time Menu

## MONDAY

Margherita pizza and hoops  
Assorted yoghurts

## TUESDAY

Potato and bean hash  
Sliced pears

## WEDNESDAY

Soup of the day and cheese sandwiches  
Apricots and raisins

## THURSDAY

Tomato pasta bake  
Jelly

## FRIDAY

Vegetable ragu and rice  
White chocolate cookie

This menu can be adapted to your child's personal requirements.

Meat Substitute is Vegetarian Mince Soya

Jelly is Vegetarian Jelly

Allergen information available on request



# Dairy Free Menu



## MONDAY

**LUNCH -** Turkey meatballs, mash, peas, sweetcorn and gravy  
Mandarins

**TEA -** Pasta shells in tomato and basil sauce  
Malt loaf

## TUESDAY

**LUNCH -** Roast beef, roast potatoes, veg and gravy  
Soya yoghurt

**TEA -** Root vegetable soup and barm cake  
Shortcake biscuit

## WEDNESDAY

**LUNCH -** Potato and ham gratin with hoops  
Fruit jelly

**TEA -** Fish fingers and mushy peas  
Bananas

## THURSDAY

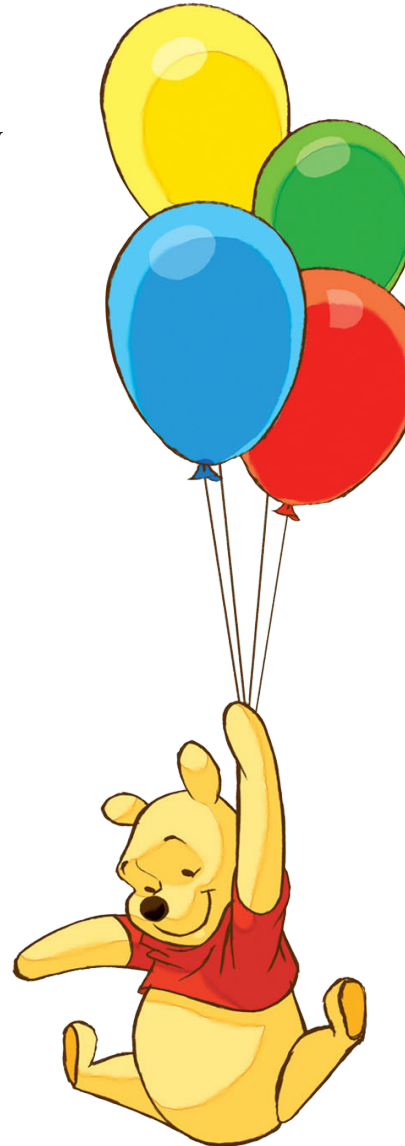
**LUNCH -** Penne bolognaise  
Fruit cocktail

**TEA -** Butter bean and lentil hotpot  
Cherry compote

## FRIDAY

**LUNCH -** Chicken curry and rice  
Iced dairy free cake

**TEA -** Beans on toast  
Strawberries



Using alpro milk and vitalite margarine  
**Allergen information available on request**